

The Bluejay Post



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Cimarron High School

Cimarron, Kansas 67835

May 2009

Vol. 6, No. 8

Eagle Scout by day, bouncer by night: CHS senior learns values of Scouting while applying to life

By Britnie Jenkins

According to the Boy Scout handbook, "A Scout is trustworthy, loyal, helpful, friendly, courteous, kind, obedient, cheerful, thrifty, brave, clean, and reverent."

Senior Ross Addison, Boy Scout of twelve years, has proved himself to have all of these qualities by becoming an Eagle Scout. These qualities have also helped him with his evening job as a bouncer.

"One of the first things you have to do to become an Eagle Scout is go through all of the different ranks," said Addison. "Tenderfoot, Second Class, First Class, Star, Life, and then onto Eagle Scout. You also have to receive a certain amount of merit badges and Eagle Scout required badges."

After completing these steps, a Scout must select a panel to review them.

"I chose the people on my panel," said Addison. "You don't have to, but I did because I thought they would be easier on me. They have to make sure you are 'Eagle Scout material'."

Addison is not the first Eagle Scout Cimarron has had.

"There have been between six or eight Eagle Scouts before me," he said.

The honor of being an Eagle Scout is one Addison found out after he was already in Boy Scouts.

"I didn't know you could be an Eagle Scout," he said. "I found out about it in seventh grade. It's the highest honor a Boy Scout can receive."

Another requirement before a Boy Scout can become an Eagle Scout is to have a Scout project.

"For my Scout project," said Addison,

"I built park benches for the park. It only took me about two weeks."

Scouting has been a big part of Addison's life, but he also has another life.

Addison is not only an Eagle Scout, but is also a bouncer at Central Station in Dodge City.

"I started working at Central Station when I was seventeen," he said. "Matt Schartz needed help and thought I looked old enough to work. They didn't know I was seventeen; they thought I was twenty-three."

Bouncing runs in Addison's family.

"My dad and my uncle were both bouncers," he said.

There are two different areas of bouncing.

"You can stand at the door and check IDs," said Addison, "which is where I started. Now I am actually in the club, and I pick up trash to make the place look good. I also watch for any fighting going on to break it up."

The job of bouncing has led for some interesting nights for Addison.

"The second week I was working I had a knife pulled at my throat," he said. "It was scary. I was stuck in a doorframe, and I was inexperienced and freaking out. The guy thought I had hit his sister when his sister had actually gotten into a fight and was being kicked out. The owners grabbed him and called the police. We had to fill out police reports. That was how they found out that I was only seventeen."

Addison has never been hurt while bouncing.

"I do the hurting," he said. "I accidentally knocked a kid out once because



BEST OF BOTH WORLDS: Senior Ross Addison recently completed all of his Eagle Scout requirements. Addison works part-time in Dodge City at Central Station as a bouncer. "During Scouts I have to know when to have fun and when to be serious," he said. "While bouncing I have to be able to know when to have fun and when to be serious, too. So Eagle Scouts has helped me a lot with this." (Yearbook photo)

he got in a fight and I was trying to break up the fight. I had him in a chokehold and knocked him into the wall."

Addison plans to continue his bouncing career into his college years.

"I am going to Garden City Community College next year," he said. "The job is only Friday and Saturday for about five hours so I can still work."

Since bouncing is on Friday nights, Addison once had to give it up for a while.

"During football season, I quit for ten weeks," he said. "I make \$15 an hour, so I

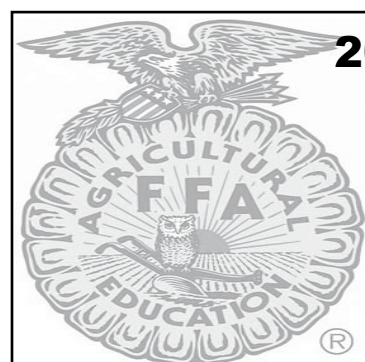
lost about \$500."

Even though bouncing runs in the family, the women of Addison's family are still a little leery about the career.

"My grandma is terrified," he said. "My mom just wants me to be careful."

Being an Eagle Scout has helped Addison with his bouncing career.

"During Scouts I have to know when to have fun and when to be serious," he said. "While bouncing I have to be able to know when to have fun and when to be serious, too. So Eagle Scouts has helped me a lot with this."



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What's Inside?

- Page 2: American Arrogance
- Page 3: Powder Puff Football
- Page 4 & 5: Senior Tribute
- Page 7: State-Bound Organizations

THE PEOPLE'S VOICE

By Kyle Maddox

Question: "What's your favor-

Tori Edmondson - Junior -*"I like the mornings, it's relaxing and most of the people are quieter than normal."*

Taylor

**Claar - Senior -**
"My favorite time is about 2 or 3 in the afternoon. All my classes are relaxing and everything is winding down for the day."**Bob Friese - Teacher -**
"Evening, the night is a good time to unwind, and I get to spend time with my family."**What's wrong with our world education?**

by Kyle Maddox

My dear readers, here exists a world out there. A world beyond our own internal quibbles. A world beyond our shortsighted studies of Mexican drug wars, Canadian healthcare, and the state of the Middle East, if we but turn to see it.

We're an arrogant nation, from many sources. The problem of American arrogance has three facets: past, present, and future.

Our past has made it easy for us to turn a blind eye to the rest of the world. We were first a people cast out of the land of our birth, England, for our religious beliefs. Cast out and lonely, we were first fired in our own rejection.

This is where our current mindset all started. From this point, through the Revolutionary War, both World Wars, and the Cold War, we achieved status of military and economic superpower, and after the cold war, seemingly the only superpower.

Taking the Kansas State Social Studies assessment recently, I realized just how little we are taught about other countries.

On the test, we were asked questions about industrial revolutions in China and Japan, economic strife in pre-Reich Germany, things I knew nothing about. Why don't we know? Why haven't we been taught?

Because we're a self-centered nation. Because public school curriculum simply has no place or interest in other nations.

Today, if we take off our America-shaped, rose-colored glasses, it's easy to see that we are a nation with an extremely

American Arrogance

arrogant mindset. Could many of us name the capitol of countries such as Bulgaria and Switzerland?

But fear not, my readers, it's not all your fault, and to be honest, there won't be a quiz on it any time soon. We, as a nation, ignore these countries. It's no wonder we rarely hear about former Yugoslavia or Spain. We're not taught in-depth about these countries' histories and cultures because they're not stressed in our curriculum.

So, what's in store for our arrogant little American heads? If we don't grow up a little and stop treating other nations like just another spot on the map, we may very well lose those heads we hold so dear. Russia, China, and North Korea are among the few nations with upcoming military prowess and itchy trigger fingers. China is quickly becoming overrun with new Chinese, North Korea is testing more powerful and longer-range missiles, and Russia has changed hands to a seemingly power-hungry leader.

As history would predict, economic downturns are followed by revolution and war. Down goes the stock, up come the arms! If we don't become a more world-sensitive nation, we should be on the lookout for the rocket's red glare we hold so dear.

Dear readers, hold close to your hearts patriotism and love for America, but recognize that the world revolves on its axis, not around America.

Editorial Board: *Although our editorials are written by individual board members, the thoughts and ideas conveyed are that of The Bluejay Post editorial board. Members of the Editorial Board are Kaitlin Unruh, Kyle Maddox, and Matt Kliever.***Letter Policy***The Bluejay Post welcomes letters from readers. We do, however, reserve the right to edit letters for purposes of clarity and space, and we regret that we cannot publish unsigned letters.***FFA Day
on
The Farm
Thursday, May 7
High School
8:15-3:35****Cormac McCarthy creates mesmerizing prose**

By J.M. Kliever

"All things of grace and beauty such that one holds them to one's heart have a common provenance in pain. Their birth in grief and ashes." --Cormac McCarthy

Life is tough to contain in words. Life is shifty, life is shaky, and at any point, the beautiful life that once was can burst into flames.

So far in my life, I have read the works of one man who can sum up life, love, and religious qualms using nothing more than his good ole' alphabet.

Cormac McCarthy is the author of the post-apocalyptic Pulitzer Prize winning novel *The Road*; a stirring Western tale of adventure, *All the Pretty Horses*; *Blood Meridian* (one of the most riveting tales of war and violence ever printed); and one of his recent works, *The Sunset Limited*, which tackles philosophical issues such as life, love, loss, and God.

With his fervent lack of punctuation, his unequaled vocabulary, his stirring literature, his existential views, and his imagery that sets the mind on a journey that no other written word can achieve, Cormac McCarthy strikes chords deep inside the hearts and minds of his readers.

McCarthy worked for nearly thirty years to get his works

published and lived in supreme poverty at the beginning of his career. Luckily, his works caught the eyes of Albert Erksine, a prestigious editor who had seen McCarthy's unorthodox style in Erksine's last legendary writer, William Faulkner.

Let me put it in words that most of you will understand a little bit better: Cormac McCarthy is to writing what Michael Jordan is to basketball. McCarthy is to words what Che Guevara is to revolutionists. Cormac McCarthy finds and exploits the holes and flaws in life better than Adrian Peterson finds holes and flaws in defensive lines.

To put it one step simpler, Cormac McCarthy is a gift to readers around the world. His works are in most libraries, and his lines are memorized and engraved in hearts and minds all over America.

Altogether, Cormac McCarthy rules literature with an iron fist. Not only is he comparable to the greatest writers ever, but he (as do most extremely gifted artists) stays secluded from the outer, less enlightened world.

If you are looking for entertainment that doesn't come in the form of a thirty-minute segment, or a flap of skin uncovered by fabric, pick up a Cormac McCarthy book, but be sure to have your dictionary close at hand.

**The Bluejay Post
2008-2009**

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Tough enough for Powder Puff



TOMORROW'S LEADERS: Junior Kelsey Stucky, Senior Lindsay Underwood, and Sophomore Miranda Burns listen intently to a discussion on a variety of topics, including details for the Powder Puff football games. The game will be held on May 9 at 7:00 p.m. "Everyone is invited," said Jennifer Hendrix, StuCo sponsor. (Courtesy photo)

By Britnie Jenkins

The CHS StuCo is sponsoring Powder Puff football to be held on May 9 at 7:00 p.m. at the football field.

The Powder Puff football game will feature senior and freshmen girls versus junior and sophomore girls. The senior boys will coach the senior/freshmen team, and the junior boys will coach the junior/sophomore team.

"Everyone is invited," said Jennifer Hendrix, StuCo sponsor. "We would like to invite the community to come as well."

The cost to get into the game is \$3.00.

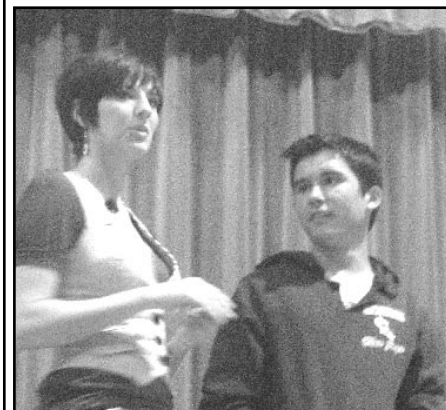
"We will be having a hamburger feed before the game," said StuCo president-elect Spence Byer. "It is free-will donation."

While the junior and senior boys have coaching jobs, the sophomore and freshmen boys have their jobs, too.

"The sophomore boys will be measuring," said Hendrix. "The freshmen boys will be cheerleaders."

StuCo is bringing in professional referees to help keep the game as fair as possible, with

Visiting royalty



MISS KANSAS WARNS AGAINST THE DANGERS OF BAD DECISIONS: Miss Kansas, Emily Deaver, invites Junior James Rittenhouse to the stage to help her drive home the dangers of drugs and alcohol. Deaver tours Kansas giving speeches, to people from ages 5-109. "One of the biggest signs of a drinking problem is if you have to hide it," she said. "Friend choices are really important-- who you hang out with is who you turn into." (Unruh photo)

Diamond in the rough: Ban Lao's Asian food dazzles diners

by Kyle Maddox

Have you ever heard of a little Chinese food place in Dodge called Ban Lao? Neither had I, until my friend took me there. It's not big and flashy, and it's actually kind of hard to find, but the journey is well worth it.

Situated right off Wyatt Earp, Ban Lao is a hidden gem. In this review, I'll be covering three aspects; food, service, and atmosphere.

Let me start off by saying the food at this restaurant is amazing. Some of the best Asian cuisine I've ever had.

The first time I visited, I ordered Moo Goo Gai Pan, which is sliced chicken with mushrooms and other vegetables. The chicken was tender, the mushrooms were cooked to perfection, and the vegetables were downright delicious. My second visit, I ordered the ginger beef, which was also quite delectable.

Both times I've visited, my dining companions have also spoken of the deliciousness of the food. They serve what's called thai tea, which is a combination of cream, sugar, and a special blend of tea,

which is an amazing concoction.

Essential to any restaurant is service. Ban Lao has this area covered. Their waiting staff is friendly, enthusiastic, and knowledgeable about the food. And although Ban Lao is such a great place to eat, both times I've attended, the room has been almost empty, so we never had to wait for service. And although that seems like a good thing, it really isn't; fewer customers, less money, less likely to keep the doors open.

Now, for one of the most important parts of a restaurant, its atmosphere. The couple that owns Ban Lao has taken great pains to make the restaurant feel authentic. There are Asian carvings and paintings all along the walls, beautiful fountains and arches... The restaurant is sparkling clean and exudes an aura of real Asian food that is backed by the skilled cooks.

The only hint of a complaint I have about Ban Lao is its price. Each dish is between nine and ten dollars, and although they bring a very goodly-sized portion, it's kind of hard on tight wallets.

Overall, the restaurant is marvelous.

Each month the faculty honors students who have exhibited exemplary conduct, helpfulness, and enthusiastic involvement as "Students of the Month."

March Students of the Month



Karla Cisneros,
junior high

"Overcoming many barriers, she manages to do well in school both academically and socially."
--Mrs. Pando

Will Pingsterhaus,
grade 9

"Will asks insightful questions and is always willing to help others in group work."
--Mr. Friesen



Janelyn Reimer,
grade 11

"She excels academically and is honest, kind, and respectful to everyone at all times."
--Mrs. Johnson

April Students of the Month

Kaitlyn Remple,
junior high

"She is a responsible, mature young lady who is kind and helpful with the younger students."
--Mrs. Minneman

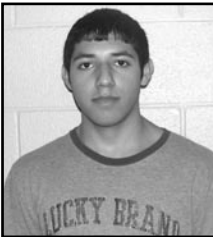


Claire Nash,
grade 9

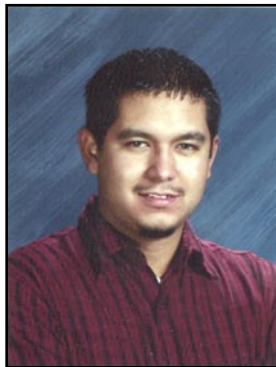
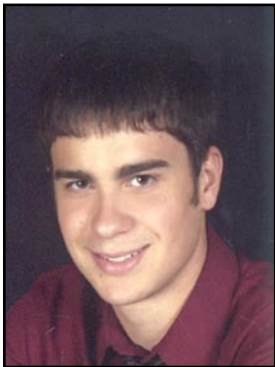
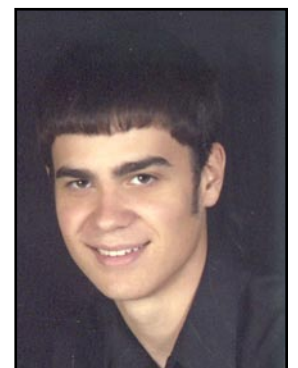
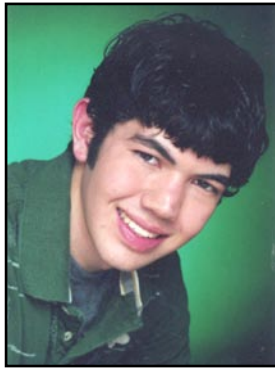
"Claire is extremely helpful, a leader both in and out of the classroom."
--Mr. Miller

Kevin Garcia,
grade 10

"He demonstrates a positive attitude and excellent work ethic. He strives to become a better person each day."
--Mr. Mowry

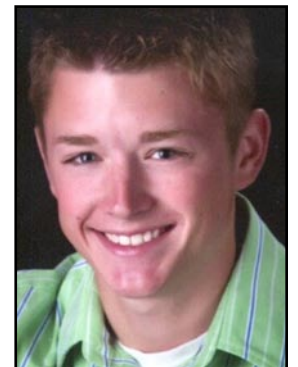


Edgar Acevado-Pando
Ross Alan Addison
Stephen Edward Austin
Gretchen Lea Bailey
Joel Thomas Baublits



Matthew Blake Baublits
Alonso Gabriel Beltran
Joshua Mark Brown
Hanna Marie Burl
Minerva Casas

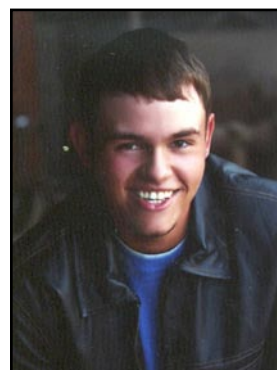
Taylor Kay Claar
Tiara Dewees
Lindsay Elise Fields
David Garrett Fisher
Cory Lee Gleason



Rebekah Sage Harman
Michaela Dawn Herron
Alexander Michael Hibbert
Whitney Ryan Hoban
Janie Rose Jacobson

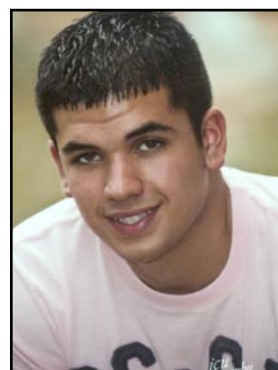
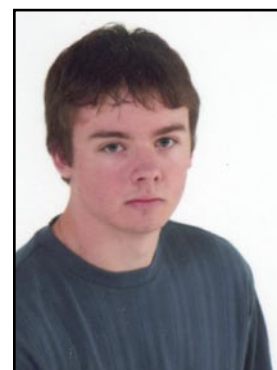
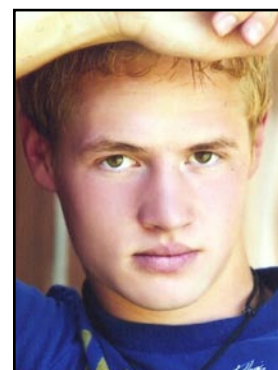
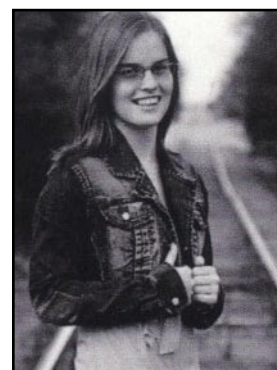
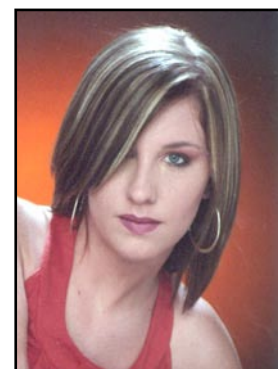
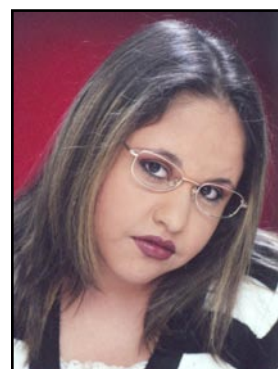
James Matthew Kliewer
Rylan Tyler Lacy
Allyson Rose LeRock
JaLena Lentz
Megan Raelene Mahurin





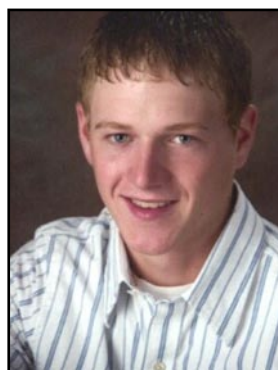
Jared Dillon Nichols
Alicia Lynn Owens
Tiffany Michelle Pickle
Joesph Kent Riley
Maria Marlene Rivera

Miguel Alexander Rivera
Caitlyn Ann Robinson
Maria Guadalupe Rodriguez
Yomaira Rosas
Bailey Marie Schafer



Alisha Paige Schlicht
Ashley Nicole Schlicht
Talon Ridge Schnider
Nicholas Jordan Simmons
Alberto Jose Soto

Jordan Michael Toothaker
Lindsay Marie Underwood
Kaitlin Jesselyn Unruh
Blake Shane VanBuskirk



“Today you are You,
that is truer than true.
There is no one alive who
is Youer than You.”
-Dr. Seuss

Class
Flower:
Konfetti Rose



Sports Updates

Boys' Tennis

The boys' tennis team has been quite busy lately, attending meet after meet, and winning medal after medal.

Led by the strong singles play of Senior **Jordan Toothaker**, the boys took third place at the prestigious **Garden City Invite**, with most of the team also achieving personal bronze medals.

Track

The track teams are edging closer and closer to regionals, with an important meet coming up in Jetmore.

Also, the league meet looms in the distance, as the mighty blue hope to capture league titles away from track powerhouses Holcomb and Lakin.

The regional track meet will be held on May 22, and will help define the suc-

Golf

The golf team has been holding strong, despite absences from its participants and the weather that just doesn't seem to quit.

Stephen Austin took first at the Lakin golf meet and led the team to an amazing second place victory out of fourteen teams.

So, throughout the wind and rain, Cimarron golfers are still showing their

Upcoming Events

It's crunch time with the spring sports season, as school becomes a second thought to most athletes as they spend most of their days competing in their various contests.

Regionals will all be held in the month of May, with senior athletes hoping for one last shot to qualify for state.

Also, the Powder Puff football game will be held on May 9 at the football field, with a hamburger feed before.

Girls, throw on your cleats and rub some dirt between your hands, because it's

Boys' track team smacks back

By J.M. Kliever

Throughout the track season, the boys' team has been training and training to try and compete at the level they need to for state.

Above all, the boys have been working hard to try and obtain points, and hopefully capture the ever-elusive team first place award.

Most of the participants on the boy's team are underclassmen, and the experience level is at a low this year. Still, the underclassmen have stepped up, with Wyatt Slaven and Pedro Trevino scoring points left and right.

Also on the team, Junior Ryan Bryant has shouldered much of the load for the success of the team, as the top point scorer with his hurdling expertise.

"I really do like the hurdles," Bryant said. "They are my best event, and I can usually place within the top three in at least one of my hurdling events."

Bryant, however, has had some hurdles of his own to jump over.

"I missed one of our meets because I skipped out early on a practice," said Bryant. "It was pretty disappointing, because I know I could have scored more points for our team."

Still, Bryant has shed off the trouble, and has used it to motivate him even more. He is competing at a highly talented level in both the 300 hurdles and the 110 high hurdles.



I WANNA FLY AWAY: Junior Ryan Bryant leaps and bounds over his hurdles, chasing greatness with every step. "I love competition," Bryant said, and obviously wasn't lying. With intensity etched into his face, Bryant hurdles his way to an excellent finish. (Taylor Claar photo)

"My times keep getting better," Bryant said, "And I can feel myself getting faster. I think if I keep running like I have been, then I have a good chance of getting to state

in at least one of my events."

With Trevino also trying his luck at the hurdles, the boys' team has owned the hurdling events.

Rant with Kliever April showers bring May troubles

By J.M. Kliever

Rain Rain Go Away Come Again Another Day. These are the sentiments of most spring sportsters as they see tennis, golf, and track meets all being cancelled by these very unusual downpours.

I'm not going to lie, when it rained for three days straight, I had both of my dogs lined up to join me on an arc and set sail to avoid the wrath of God, but when the clouds cleared and the sun came out, I regrettably shaved my foot-long biblical beard, and cast my tattered robes aside.

Still, in the sport of tennis at least, the number of matches we play does have a great impact on regional seeding. For sure in golf, if the greens are wet, then

you might as well build an igloo by the clubhouse and putt through two inches of snow as slow as the greens get when they are soaked.

Track doesn't function well in the rain either apparently, with the tiny drops of water causing low morale, insubordination, and the occasional cough and cold.

The real questions are what if these outlandish outpours of precipitation are going to pay dividends when it comes to May, and it is time to qualify for state in our individual sporting events?

Maybe the sentiment is that a few days off of practice are not going to affect us, but isn't it possible that in parts of the state where it's not pouring constantly, our

competition is taking full advantage of their hours of dry, **normal** Kansas weather?

In this next month, spring sports participants will have to buckle down extra hard to reach the level that their counterparts in Northern and Eastern Kansas have achieved through their ability to shed the bad luck that we, as Southwesterners, seem to inherit at birth.

Who knows what the sky and clouds will bring in the coming month? All I know is this next month will be spent in a frenzy of competitive spirit and sweat.

There is only one thing for certain: we can't stop the rain, the only thing we can do is adapt to the conditions thrown at us.

With the right mentality and the right

It all comes down to this... Organizations to compete at state contests



FFA: **BACK ROW:** Alex Hibbert (Senior), Tyrel Moffitt (Sophomore), Payton Dewey (Sophomore), **FRONT ROW:** Laci Collins (Sophomore), Ashley Fischer (Freshman), Shelby Pulkrabek (Junior), Claire Nash (Freshman). **NOT PICTURED:** Travis Sharp (Junior).

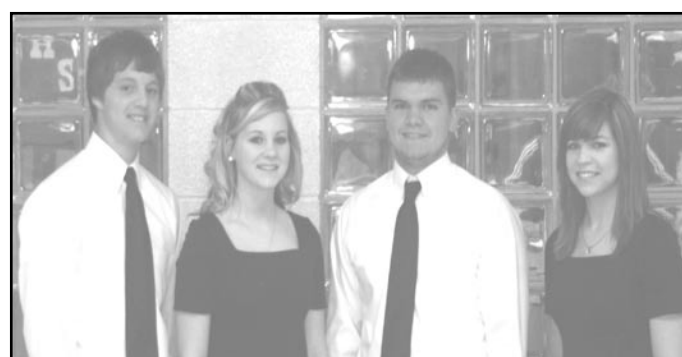


JOURNALISM: Britnie Jenkins (Feature Writing), Nicole Marshal (Advertising, News Writing), Shelby Pulkrabek (Sports Photography, Cutline), Kyle Maddox (Editing, Infographics).



FORENSICS: **BACK ROW:** Matt Kliwer (IDA), Britnie Jenkins (Prose), Alyssa Dale (Extemp.). **FRONT ROW:** Amanda Holt (Prose), Kaitlin Unruh (IDA), Gretchen Bailey (Prose). **NOT PICTURED:** Spence Byer (O.O. and Extemp.) Andrew Reed-Moutray (Extemp.) Kyle Maddox (Extemp.) Megan Mahurn (Poetry).

BOYS' ENSEMBLE: Joel Baublits, Chris Lacy, Tyler Royle, Tyler Siek, Joe Riley, David Fisher, Matt Baublits, Edgar Acevedo-Pando.



STATE CHOIR: Tyler Royle (Junior), Taylor Claar (Senior), David Fisher (Senior), Miranda Burns (Sophomore).



GIRLS' ENSEMBLE: Grace Royle, Kelsey Stuckey, Emily Payne, Callie Losey, Kaitlin Unruh, Breanna Bryant, Callie Fisher, Gretchen Bailey, Taylor Claar, Maria Sauzameda, Miranda Burns, Abby Thompson, Tiffany Becker.



SOLOS: Tyler Royle (Junior), Callie Losey (Junior), Tyler Siek (Freshman), Kaitlin Unruh (Senior), David Fisher (Senior), and Taylor Claar (Senior).

Principal's Perspective

I Believe...

Recently, I had a chance to hear a wonderful speech delivered by a very talented speaker. I'm not sure of the title of the speech, but I will refer to it as I Believe. I was able to obtain a copy of the speech and would like to share a portion of it with you.

"I believe in the future... with a faith born not of words but of deeds. Achievements won by the present and past generations... in the promise of better days through better ways, even as the better things we now enjoy have come to us from the struggles of former years."

What a great set of thoughts strung together as a "String of Pearls." This speaker acknowledges that we have a promising future precisely because of the efforts and struggles of our forefathers, parents, and others. In addition, the speaker understands that 'achievements' are 'earned or won.' We do not find success without hard work.

The speaker goes on to say, "I believe that to live and work ... is pleasant as well as challenging. I know the joys and discomforts of ... life and hold an inborn fondness for those associations which, even in hours of discouragement, I cannot deny."

This writer understands that it really is a blessing to be able to work. For work demonstrates that we can contribute in a positive way to our surroundings. But this author also understands that 'work' is not everything. As stated in the speech, this person believes that 'associations or friends' cannot be denied, even in times of discouragement.

"I believe in leadership from ourselves and respect from others. I believe in my own ability to work efficiently and think clearly.

[I believe that], with knowledge and skill, ... I can serve ... the public interest." Clearly this author understands that it is through their hard work and skill that we, as an entire society, benefit.

"I believe .. in the life abundant and enough honest wealth to help make it so – for others as well as myself; in less need for charity and more of it when needed. [I believe] in being happy myself and ... with those whose happiness depends upon me."

Clearly, this author knows that they are responsible for contributing to the happiness of others. We ought not seek our own happiness at the expense of everyone else's happiness. As I recently read, "...happiness is a moral obligation to others." In addition, the author knows that we should be ready to share with those in need; share out of the abundance of our own wealth.

Finally, the author writes, "I believe that Americans... will hold true to the best traditions of our national life and that I can exert an influence in my home and community which will stand solid for my part in that inspiring task."

What a speech! Even though we all have heard many talented speakers in our lifetime, I believe this author has a solid understanding of society, responsibility, privileges and the like. This author has an uncanny ability to summarize the enormity of human endeavors into a few simple sentences.

I really wish you could have heard the speech with me. It was given on Monday, April 27, in our high school auditorium. The speaker was Miss Claire Nash as she recited the FFA Creed! Absolutely brilliant!

--Mr. Brown, CHS Principal

Counselor's Corner

If you look around school this time of year, you will see very busy people. On top of just being busy, many people also are extremely stressed this time of year.

If you ask the seniors, they will say they are stressed about graduation, going to college, and finding summer work. Teachers are stressed about state assessments and completing all they had planned for the year. Many students are stressed about keeping up with assignments while missing class for school activities.

I heard one comment in the hall that sums up what many people are feeling this time of year: "How many more days until summer? I get one thing done and I have to move on to the next. It never ends!"

We all know that stress is a natural part of life, but it does not always have to be a bad thing. There are times that stress can be good. Stress can motivate us to work harder and accomplish more. The important thing is to learn how to manage stress, so that it does not take charge of you.

Below are some tips to help manage stress:

1. Write your thoughts in a journal
2. Share stress by talking to someone else
3. Exercise
4. Listen or play music
5. Manage your time
6. If you are in a stressful situation, take deep breaths, close your eyes, or go for a quick walk.

The last tip comes from me: There is much going on this time of year, so be sure to listen to the announcements each day.

As always, if you need anything please stop by and see me. I leave you with this quote: "Do what you can, with what you have, where you are."-----
Theodore Roosevelt

--Mrs. Millershaski, CHS Counselor

MAY BIRTHDAYS

May 2 LaRay Heady
May 3 Alexandro Rascon
May 4 Brady Barrett
May 4 Garth McDonald
May 4 Crystal Wade
May 6 Colin Wespe
May 11 Mauel Ortega
May 11 Jeremy Perkins
May 13 Cecilia Himmertzheim
May 13 Elgin Wespe
May 14 Jacob Resor
May 16 Grace Royle
May 16 Tori Trahern
May 18 Wyatt Stanley
May 20 Bekah Harman
May 20 Kate Lock
May 22 Taylor Claar
May 22 Nicole Marshall
May 27 Elisabeth Brown
May 28 Kaitlin Unruh
May 29 Kevin Garcia
May 31 Charles Blattner
May 31 Shelby Pulkrabek

